Cell-free DNA Tests for Non-invasive Prenatal Aneuploidy Screening

David G. Grenache, PhD Professor of Pathology, University of Utah Medical Director, ARUP Laboratories Salt Lake City, UT





Aneuploidy

- Normal human complement of chromosomes is 46 (23 pairs)
- Aneuploidy is the presence of an abnormal number of chromosomes
- Most common extra autosomal chromosomes among live birth infants are 21, 18 and 13 (trisomies)
 - Multiple phenotypes
 - Intellectual disability common to all



Source: National Institutes of Health





History of Prenatal Screening for Trisomy 21 (Down Syndrome)







Screening for Fetal Trisomies

Method	Fetal Defect	Incidence (live births, approximate)
Biochemical & cfDNA-based screening	Trisomy 21 (Down syndrome)	1 in 700
Biochemical & cfDNA-based screening	Trisomy 18 (Edwards syndrome)	1 in 5,000
cfDNA-based screening only	Trisomy 13 (Patau syndrome)	1 in 16,000





Cell-free Fetal DNA in Maternal Blood

- Reported by Lo, et al. in 1997
- Derived primarily from the placenta and represents ~10% of total DNA circulating in maternal blood by 10th week of pregnancy
- Ushered in screening tests that identify molecular pathology of aneuploidies
 - Non-invasive prenatal testing (NIPT)





AR PLABORATORIES

cfDNA Aneuploidy Screening Tests (US)

Company	Location	Product	Method
Sequenom	San Diego, CA	MaterniT21 [™] Plus	MPSS
Illumina	Redwood City, CA	Verifi [®] Prenatal Test	MPSS
Quest Diagnostics	San Juan Capistrano, CA	QNatal Advanced	MPSS
Natera	San Carlos, CA	Panorama™	Single nucleotide polymorphism sequencing
Ariosa Diagnostics	San Jose, CA	Harmony [™] Prenatal Test	Targeted sequencing

MPSS: Massively parallel shotgun sequencing

- Methods may differ but goal is the same
 - Identify extra copies of a specific chromosome





Massively Parallel Shotgun Sequencing

(Sequenom, Illumina, Quest)

- 1st 25-36 bases of random DNA fragments sequence
- Sequences mapped to a specific chromosome
- Number of sequences are counted and compared to a reference counts from a normal genome
- Excess (or deficiency) number of counts for a specific chromosome indicates aneuploidy
- No distinction between maternal and fetal sequences



Norwtiz ER, et al. Rev Obstet Gynecol 2013;6:48-62





Single Nucleotide Polymorphism (SNP) Sequencing (Natera)

- Selective sequencing of 13,392
 SNPs on chromosomes 13, 18, 21, X, and Y
 - Determines number and identity of each allele
- Algorithm incorporates maternal genotype and recombination frequencies to construct billions of theoretical fetal genotypes
- Probability of each fetal genotype determined and a risk score determined for each chromosome evaluated



http://www.broadinstitute.org





Targeted Sequencing

(Ariosa)

- Counting method similar to MPSS
- Limits mapping of sequences to chromosomes of clinical interest
 - Reduces number of sequences needed (and associated costs)
- Detection rates highest for trisomy 21





Clinical Performance of cfDNA Aneuploidy Screening Tests

Company	Product -	Detection rate (%)		
Company		False-positive rate (%)		
		T21	T18	T13
Sequenome	MaterniT21 [™] Plus -	99.1	>99.9	91.7
		0.2	0.3	0.9
Illumina, Inc.	Verifi [®] Prenatal Test	>99.9	97.3	87.5
		0.2	0.4	0.1
Ariana Diagnastica Ina	Harmony TM Dranatal Tost	>99	98	80
Anosa Diagnostics, inc.	Harmony ^{***} Prenatar rest	0.1	0.1	0.05
Natera, Inc.	Panorama™	>99	>99	>99
		0	<0.1	0
AJOG 2012;206:322.e1-5 Ultrasound Obstet Gynecol 2013;207:1.e1-6				

AJOG 2012;206:322.e1-5 Genet Med 2012;14:296-305 Obstet Gynecol 2012;119:890-901 Prenat Diagn 2013;33:591-597 *Ultrasound Obstet* Gynecol 2013;207:1.e1-6 *Prenat Diagn* 2013;33:575-579 *Prenat Diagn* 2013;33:643-649





Pre-test Risk and Post-test Positive Predictive Values Are Important

- Positive predictive value (PPV)
 - PPV = True positives / True positives + False positives
 - What is the probability of an affected fetus given a positive result?

	Pre-test risk (1 in x) -	Post-test positive predictive value (%)		
Age (y)		T21	T18	T13
25	1,000	55	39	32
30	730	64	48	40
35	280	81	68	61
40	65	95	90	87

Wax JR, et al. Am J Obstet Gynecol 2015;212:548-549

- Compare to the Combined (biochemical) test for T21
 - Sensitivity 93%; False-positive rate 5%
 - At prevalence of 1:280 the PPV is only 6%





High-risk vs. Low-risk Women

 Most professional practice guidelines recommend cfDNA aneuploidy screening tests for "high risk" pregnancies

Box 1. Indications for Considering the Use of Cell Free Fetal DNA <=

- Maternal age 35 years or older at delivery
- Fetal ultrasonographic findings indicating an increased risk of aneuploidy
- History of a prior pregnancy with a trisomy
- Positive test result for aneuploidy, including first trimester, sequential, or integrated screen, or a quadruple screen.
- Parental balanced robertsonian translocation with increased risk of fetal trisomy 13 or trisomy 21.







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Genetic Society of Counselors



UNIVERSITY OF UTAH

ACOG. Obstet Gynecol 2012;120:1542-1534



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The following protocol options are currently considered appropriate:

 cfDNA screening as a primary test offered to all pregnant women (Completed weeks (e.g. 10=10 weeks 0 days to 10 weeks 6 days)).

Benn P, et al. Prenat Diag 2015;35:1-10



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"Although any patient may choose cfDNA screening...conventional screening methods remain the most appropriate choice for first-line screening for most women in the general obstetric population."

ACOG. *Obstet Gynecol* 2015; published ahead of print (doi: 10.1097/AOG.000000000001007)



Cost Effectiveness of cfDNA Aneuploidy Screening Tests

- cfDNA aneuploidy screening costs more than conventional screening (\$>1,000 vs. \$<200)
- cfDNA is more accurate than conventional tests

DOI: 10.1002/pd.4511	ENATAL DIAGNOSIS
ORIGINAL ARTICLE	
A cost-effectiveness analysis of cell free DNA as a repla serum screening for Down syndrome	acement for
Brandon S. Walker, Brian R. Jackson, Danielle LaGrave, Edward R. Ashwood and Robert L. Schmidt	
cfDNA screening is cost effective to society at <\$550)/test

Cost-effective to payers at <\$217/test





Contingent Screening







Contingent Screening



Walker BS, et al. PLoS 2012;10:e0131402





The "No result" Problem

- Test fails to produce a result in 1-8% of samples due to low fetal fraction of DNA (e.g. obese patients, fetus with aneuploidy)
- Some studies fail to account for these "no calls" when reporting detection rates
- Repeat testing successful in ~50% of women
- A low fetal DNA fraction increases risk of having affected fetus
- Women should receive genetic counseling and be offered diagnostic testing (ACOG)





Misperceptions of cfDNA Aneuploidy Screening Tests

- cfDNA outperforms conventional biochemical screening tests
- Better performance has created the *perception* that cfDNA screening tests produce conclusive results. Not true!



• Abnormal cfDNA screening tests should be followed by invasive diagnostic testing (e.g. fetal karyotype, FISH, microarray)





Summary

- cfDNA screening tests identify the molecular pathology of aneuploidies whereas conventional biochemical tests rely on the determination of a biochemical phenotype
- cfDNA screening tests have high aneuploidy detection rates (highly sensitive) and very low false-positive rates (highly specific)
- An abnormal positive cfDNA screening test result must be interpreted with an understanding of the positive predictive value
- Contingent aneuploidy screening is a logical protocol to be followed until cfDNA screening as a primary test becomes cost-effective









Department of Pathology

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Multiple Gestations

- All fetuses contribute cfDNA to maternal blood
- No ability to distinguish a differential risk between multiple fetuses
- Very limited data on cfDNA aneuploidy screening test performance in twin gestations and no data on higher-order multiples
- cfDNA screening tests are not recommended for women with multiple gestations



